



COUNTY OF SAN DIEGO NEWS RELEASE

FOR IMMEDIATE RELEASE
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COUNTY AIR POLLUTION EXPERTS FORECAST UNHEALTHY AIR *Santa Ana Winds Expected To Stir Up Ash on Thanksgiving Day*

The San Diego County Air Pollution Control District (APCD) urges residents to exercise caution this Thanksgiving holiday as Santa Ana winds are expected to pick up ash from the recent wildfires and particulate levels are forecast to be unhealthy, predominantly in inland and mountain areas.

County residents, especially children, should curtail strenuous outdoor activity. People with heart and lung disease and/or asthma, or anyone who is bothered by the soot, should stay indoors until the air is clear of the soot. People who must be active outside should take precautions: limit exposure, drink plenty of fluids and, for those who are working outside, consider using a tight-fitting particulate mask designed to filter out fine particles.

For updated information, please visit the Air Pollution Control District Web site at www.sdapcd.co.san-diego.ca.us/air/otoday.html or call (858) 650-4777, and press option 2.

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